

BARBARA GOLD, LCSW, LMFT, CST

Resources

Books:

Bader, Michael, *Male Sexuality: Why Women Don't Understand It—And Men Don't Either*

Barbach, Lonnie, *For Yourself: The Fulfillment of Female Sexuality*

Bass, Ellen & Davis, Laura, *The Courage to Heal: A guide for women survivors of child sexual abuse* and Davis, Laura, *The Courage to Heal Workbook: A Guide for Women and Men Survivors of Child Sexual Abuse*

Braun-Harvey, Douglas & Michael Vigorito, *Treating Out of Control Sexual Behavior: Rethinking Sex Addiction*

Buehler, Stephanie, *What Every Mental Health Professional Needs to Know about Sex*

Cody, Deborah & Fish, Nancy, *Healing Painful Sex: A Woman's Guide to Confronting, Diagnosing, and Treating Sexual Pain*

Friday, Nancy, *My secret garden: Women's Sexual Fantasies: Forbidden flowers: More Women's Sexual Fantasies and Women on Top*

Gold, Barbara, *Loving Courageously: First Me, Then You, Now Us*

Heiman, Julia & LoPiccolo, *Becoming Orgasmic*

Hooper, Anne, *The Ultimate Sex Book (Guide)*

Joannides, Paul & Gross, Daerick, Sr., *The Guide to Getting it On*

Katz, Anne, *Breaking the Silence on Cancer and Sexuality*

Kerner, Ian, *She Comes First: The Thinking Man's Guide to Pleasuring a Woman* and *Passionista: The Empowered Woman's Guide to Pleasuring a Man*

Kort, Joe, *Is My Husband Gay, Straight or Bi?: A Guide for Women Concerned about Their Men and LGBTQ Clients in Therapy: Clinical Issues and Treatment Strategies*

Mintz, Laurie, *Becoming Cliterate: Why Orgasm Equality Matters—And How to Get It*

Perel, Esther, *Mating in Captivity: Unlocking Erotic Intelligence* and *The State of Affairs: Rethinking Infidelity* (release date 10/10/17)

Schnarch, David, *Passionate Marriage: Keeping Love and Intimacy Alive In Emotionally Committed Relationships* and *Resurrecting Sex*

Spring, Janis with Spring, Michael, *After the Affair: Healing the Pain and Rebuilding Trust When a Partner Has Been Unfaithful* and *How Can I Forgive You?: The Courage to Forgive, the Freedom Not To*

Weiner, Linda and Avery-Clark, Constance, *Sensate Focus in Sex Therapy: The Illustrated Manual*

Zilbergeld, Bernie, *The New Male Sexuality*

Articles:

Royce, Alyssa, “The Danger in Demonizing Male Sexuality” <http://goodmenproject.com/featured-content/the-danger-in-demonizing-male-sexuality/>.

Gold, Barbara, “Mismatched Libidos” <https://goodmenproject.com/featured-content/not-tonight-dear-mismatched-libidos-gmp/>

Ted Talks & Videos:

How to Kiss Demonstration Tantra by Tanja Diamond <https://www.youtube.com/watch?v=ulrxrM8Sldk>

Listening to Shame by Brene Brown https://www.ted.com/talks/brene_brown_listening_to_shame?nolanguage=en. and and The Power of Vulnerability https://www.ted.com/talks/brene_brown_on_vulnerability

The Secret to Desire in a Long-Term Relationship by Esther Perel https://www.ted.com/talks/esther_perel_the_secret_to_desire_in_a_long_term_relationship/transcript#t-1130696 and Rethinking infidelity...a talk for anyone who has ever loved www.ted.com/talks/esther_perel_rethinking_infidelity_a_talk_for_anyone_who_has_ever_loved

Wallace, Kelly, CNN, “When Your Young Daughter says, ‘I’m a boy’” <http://www.cnn.com/2016/10/07/health/transgender-child-raising-ryland/index.html>

Websites:

AASECT <https://www.aasect.org/>

Adam and Eve www.adameve.com

A Woman’s Touch <https://sexualityresources.com/>

Comstock Films comstockfilms.com

International Society for the Study of Women’s Sexual Health <http://www.isswsh.org/>

Sexual Medicine Society of North America www.smsna.org/

Sex Smart Films www.sexsmartfilms.com

Southwest Sexual Health Alliance <https://sexualhealthalliance.com>

Medical Professionals:

Gynecologists-Eric Jacoby, Plano; Michael Carley, Dallas; Ann Lutich, Dallas

Physical Therapists-Teena Petree at Summit Group, Dallas; Michael Carley at Texas Urogynecology Associates, Dallas

Psychiatrists-Mitchell Dunn, Dallas; Philip Korenman, Plano

Urologists-Mohit Khera, Houston; Larry Lipshultz, Houston; Gary Price, Dallas;

Michael Carley at Texas Urogynecology Associates, Dallas

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